

RISK FACTORS & CAUSES of Colorectal Cancer

01 **Inflammatory Bowel Diseases**

Diseases such as Crohn's Disease or Ulcerative Colitis.

02 **Heavy Alcohol Consumption**

Cancer causing chemicals found in alcohol damage your DNA, causing inflammation and gut problems.

03 **Tobacco Use**

Similar to alcohol, tobacco introduces thousands of chemicals that damage your DNA, it also triggers growth of polyps in the intestines.

04 **Diet**

Consuming a lot of red meat, processed meat and grilled/charred meats can increase your risk of Colorectal Cancer.

If you have possible signs of colorectal cancer or are due for screening, please contact your doctor or the Oncology Center at (670) 234-8951 ext. 4.