

Breast Cancer

Signs & Risk

1 A breast lump or thickened area of the skin.

2 A nipple that looks flattened or turned inward.

3 Changes in the color of the breast skin.

4 Changes in the size, shape or appearance of the breast.

5 Peeling, scaling, crusting or flaking of the skin on the breast.

1 Beginning your period at a younger age. (12 and below.)

2 Beginning menopause at an older age. (55 and above.)

3 Obesity: people with obesity have an increased risk of having breast cancer.

4 Drinking Alcohol: increases the risk of breast cancer.

5 Increasing Age: The risk of breast cancer increases as you get older.

Schedule Your Mammogram Now!

Oncology Center: (670) 234 - 8951 (Ext. 4)

CHCC C.A.R.E.S Program: (670) 234 - 8951 (Ext. 4)

At a flat rate of just \$5.00!



@COMMONWEALTHCANCERASSOCIATION